



Workshop: “School and team in motion”

The cooperation in everyday school life requires full attention for the children and their needs and the interaction between team colleagues and the administration. However, besides all this, it is necessary to stick to guidelines, instructions and changes coming from the national management or the school authority. Finding time for the children's welfare and structural specifications with limited resources can turn out to be a rather difficult straddle.

Through the promotion of individual potentials and the participants' joint requests, it is more easily possible to utilise the strength and dynamic of the cooperation successfully after the seminar. Strengthening dogmas help to recognise individual potentials and to apply the available resources as best as possible to the school routine.

If your cooperation's team culture gets carried by collective values like mutual acceptance and appreciation, daily tasks will be solved more easily and with less trouble.

It is our strength to create this foundation with simple methods!

We accompany you and your team during the development of an affective (sensitive) net in the cooperation. As a result, respectful dealings in cooperation develop, especially on the very important emotional level and behavioural culture.

Target group:

Pedagogues, supervisors or people that accompany and shape procedures in educational facilities.

Contents:

- The team's strength
- Focus on solutions instead of problems
- Stress-management through short but specific relaxing & recharging your batteries
- Structured and optimised administration
- To live enthusiasm

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Goals and benefits:

- Appreciation and empathy in social dealings
- Increase of self-motivation
- Strengthening of self-perception
- Recognise and protect personal borders
- Increase of personal creativity in work and free time
- Lightness in cooperation
- Fast switching between job and free time
- More authenticity

Duration:

Between 90 minutes and a 2-day workshop, depending on the contents that were agreed on.

Service:

Information meeting, individual seminar-creation and well-coordinated execution.

Number or participants:

At least 12 and up to 30 people. Depending on the topic, another trainer will be introduced for groups with more participants.

The getting motion – method:

„The Trilogy“ (cognitive, emotional and rational)

A training-method that addresses the cognitive and emotional level in a special way.

Training-contents and -goals will be made perceptible through lightness and joy for the participants and therefore effectively and permanently conveyed.

Practice and exercises change in short sequences. The method relies on emotional sensing, cognitive experiencing and the practical and rational implementation.

The interplay between motion and practical experiencing.

Learning effects happen within a very short amount of time and have an immediate effect.

For further information or a non-binding individual conversation, contact me at:

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