



Performance description **getting motion** -Workshops

Preliminary remark:

getting motion® training and workshops for employees are an investment in the quality of cooperation and target achievement. To recognise each individual employee's personal potentials and consequently the best suitable remit for them is continuously becoming more important for companies. We support those rethinking processes towards "character-ethics" rather than "image-ethics." **getting motion®** is the key to not only recognise the concerns of enterprises, but also the the employees' potentials. Moreover, it helps to connect and integrate those potentials in the work environment.

Benefit:

The **getting motion®** training system gives companies the opportunity to shape knowledge transfer in a way that is more effective and sustainable. Conventional seminars and workshops for companies are mostly geared towards transfer on the cognitive level alone. That is the reason why some participants can have trouble internalising the contents of traditional workshops. As a result, the implementation into daily practice can be difficult. By using the **getting motion®** approach, participants will not only be promoted on the cognitive level, but also on the affective-emotional level. The focus always lies on personal appreciation and empathetic interaction. Consequently, people can more easily internalise contents and compiled results. The client's concerns are introduced through a preceding briefing and will then be made perceptible via our methods. The participants engage into the seminar's content and integrate them in a playful way. They experience their personal strengths/potentials and can already implement them anxiety-free in the company the next day. This positive atmosphere within the company or a department is also visible to the world outside and attracts people that are suitable for the enterprise in a natural way.

Target groups:

- departments or groups of companies or organisations that want to optimise or restructure their cooperation
- groups of employees before, during or after a change of leadership
- groups of employees that want to accompany change management-, project management- and quality management-processes
- groups of employees that want to convey knowledge

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Field of application:

The seminars' topics:

team-development, cooperation-enhancement, organisation-development, project assistance, restructurings, ...

We would be delighted to inform you more detailed in a personal conversation.

Approach/methods:

During a **getting motion®** seminar, one or two trainers are active. They address the cognitive level of knowledge and the affective positive emotional level of the participants at the same time. Due to the constant alternation between those two levels, a flow that makes content more perceptible arises. This alternation consists of an affective sequence that complements and consolidates the cognitive content. The event's liveliness promotes the participants' attention and the integration of the seminar-contents at the same time. The training-system promotes the emotional expertise of each individual and the interacting team.

All this leads to a simplification of process cycles, an increased work motivation, a lower sickness rate and an intensified identification with the enterprise.

An extensive briefing by the client is necessary for preparation to adapt the contents to the organisation's needs and to create an individual training guide.

Participants: 14 – 200 or more people

Contact:

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Unternehmensberatung, Training und Teambuilding

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Trainer (extract):

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Hubertus Scheidlberger Independent coach, trainer and “didactic teacher”;

Education: University for economy of Salzburg;
(Studium D992963 M9721642)

Focus: team-building, conflict resolution and deceleration; lecturer- and trainer-activities throughout Austria; *more than 20 years* of experience in sales, training, marketing, recruiting in leading position of private business (Siemens mobile, Samsung mobile) with up to 700 employees.

References

with my Training-System
getting motion

- **Siemens** Austria staff association central department
- **Chamber of Commerce** Austria Seminars for management consultant and financial service provider
- **Hospital Eisenstadt**, Department of Physiotherapy, teambuilding, conflict management, giving and taking feedback
- **BoehringerIngelheim Pharma middle east European** Teambuilding 180 employees for Focus Creativity and teamwork
- **Team training** for the **Canadian Embassy** in Vienna
- **Teambuilding for 80 Employees** in **Nursing home for elderly people** in Austria
- **Team training** and **TTT** for **Jaipur Rugs, 5000 employees** in Jaipur/India
- **Emotional Training** for **company-leaders**, Haikou/China
- More references: **www.gettingmotion.at**

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